

## ABSTRACT

An electro-stimulating massage confiner wholly or partially made by a flexible conducting fiber material is shaped to fit body portions, such as in a glove or a sock form. The massage confiner  
5 may consist of a single-polar conducting area or a pair or more than a pair of bipolar conducting areas. Each of the conducting area is provided with a conducting button for connecting a controller that can send out pulsating electric signals at low or middle frequencies, thereby urging an electro-stimulating  
10 massage effect over a selected body portion, such as a hand or a foot.